The Journey

Out of Africa and to the Rest of the World

Watch our Journey

The Human Journey

Our species has spent more time in Africa than out!

The oldest fossil found is from Ethiopia - approx. 200,000 years old.

We left Africa about 60 - 70,000 years ago.

By about 30 - 15,000 years ago, we had reached the Americas, our last and final destination.

Two Models

1. Out of Africa - Multiple Movements out of Africa

2. Multiregional - homo erectus in Africa 2 mill years ago to become homo sapiens in different parts of the world. After, regional populations slowly evolved into modern humans.



You can get a DNA test that will tell you where you originate and the path of your ancestors.

Out of Africa, and my official original ancestor is called Adam (the name they facetiously call the most distant). My haplogroup definitely came out of Africa to the Fertile Crescent, then across to Europe.